

**ORIGINAL**  
**OT 1**



## OT 1 CHECKSHEET

1. Read HCO PL 17 January 1967 \_\_\_\_\_
2. Read Handwritten Instruction 21 July 1968 \_\_\_\_\_
3. Clear:     Phenomena \_\_\_\_\_  
              Flattened \_\_\_\_\_  
              Overrun \_\_\_\_\_  
              Cognition \_\_\_\_\_
4. Read Advance Courses General Issue 19 September 1967 \_\_\_\_\_
5. Read Advance Courses General Issue 16 October 1967 \_\_\_\_\_
6. Read Handwritten Instruction 21 July 1968R \_\_\_\_\_
7. Read the 13 step instructions \_\_\_\_\_
8. Demo each step \_\_\_\_\_
9. Have the Advanced Courses Supervisor check you out \_\_\_\_\_
10. Proceed with the Solo steps \_\_\_\_\_

HUBBARD COMMUNICATIONS OFFICE  
Saint Hill Manor, East Grinstead, Sussex

HCO BULLETIN OF 22 SEPTEMBER 1966

Clearing Course  
Students  
O.T. Course  
Students

CONFIDENTIAL

CLEAR AND O.T.

DEFINITION OF A CLEAR: A THETAN WHO CAN BE AT CAUSE KNOWINGLY AND AT WILL OVER MENTAL MATTER, ENERGY, SPACE AND TIME.

In clearing you move the Being up to where he is cause over mental MEST. A Clear has erased the matter, energy, space and time connected to the thing called MIND. He has been cleared of the MASS, PICTURES etc. It is a negative gain.

Clear occurs when he stops mocking up bank, or realizes he is doing it.

A Clear has perhaps not entirely lost the automaticity of mocking up mass. But at least he knows he is putting it there and practice increases his general reality.

A Clear may, at first, have a little trouble with thought. His "think" is quite powerful, and is not influenced by a bank, but may be influenced by his own past postulates. Thus he may run into difficulty with his own postulates in present time, his own past postulates and others present time postulates, especially when he has two or more postulates or similar magnitude opposing each other. At first his postulates will contain force, probably, and he may experience pain from these as a thetan.

A Clear will have considerable influence upon others around him. People whose ability to confront is not very high will begin to fall to pieces in the presence of a Clear. One mechanism of this is that the Clear tends to raise the people around him to a slightly higher level of confront, and they begin to confront their own mind, and this really shakes them up. This is particularly so of an S.P. who dares not look at his mind, because he knows that if he does he will go insane.

The E-Meter will read on a Clear on THOUGHT. It will read on postulate and assert. The Clear's "think" influences the body, thus causing the meter to read.

DEFINITION OF AN OPERATING THETAN: A THETAN WHO CAN BE AT CAUSE KNOWINGLY AND AT WILL OVER THOUGHT, LIFE, MATTER, ENERGY, SPACE AND TIME, SUBJECTIVE AND OBJECTIVE.

After Clear, we are starting to move into "Cause over thought and life".

In PART ONE of the O.T. Course the Clear uses the same materials as are used on the Clearing Course, and runs any banks he did not complete before he went Clear. This activity is in the realm of thought. But it is these banks which brought the being down the "dwindling spiral" and we must be sure that they are never again going to have any effect on the Being. There are also positive gains to be had from this activity. The being is becoming more at cause over thought. He is on his way to Operating Thetan.

When a Clear moves up to cause over his own and other thought, life, Matter, Energy, Space and Time, he is an Operating Thetan.

The width between wog and Clear is very great. The width between Clear and OT is a bit wider.

LRH:fh  
Copyright © 1966  
by L. Ron Hubbard  
ALL RIGHTS RESERVED

L. Ron Hubbard

HUBBARD COMMUNICATIONS OFFICE  
Saint Hill Manor, East Grinstead, Sussex

HCO POLICY LETTER OF 17 JANUARY 1967

Remimeo  
Franchise  
FSM's  
All Students  
All Preclears  
BPI

AN OPEN LETTER TO ALL CLEARS

You are Clear. Well done and congratulations.

This state has not previously been attained in this universe and we must all work towards getting more people - many more people - up to this level. Essentially, you are clear on the 1st dynamic and still have a lot of work in front of you to attain OT, which is to say the remaining dynamics, but nevertheless you will find you have many abilities hitherto undreamed of. An ethical code already exists for OT's so at the state of Clear one should not assume one has a license to do just whatever one will. You still have the remaining dynamics to go so don't use the abilities you have attained already to enslave others, or, indeed yourself.

With freedom comes responsibility and with responsibility comes the need to assess one's actions and to take only such actions as will do the greatest good over the greatest number of dynamics. So, the Policies of Scientology which have enabled you to reach the state of Clear still apply to all Clears. In fact they apply more because you have the reality of their value and the necessity of seeing that they are followed.

Those who have not yet attained Clear will be watching you with some awe, so you have the duty of setting an example of exemplary behavior in all aspects of your life. As a Clear you have no privileges beyond being declared Clear.

As a result, bigger responsibilities will be given and expected of you so you must be prepared to responsibly educate yourself where necessary so that you can do whatever is assigned to you in a proper manner in keeping with the main goals and aims of Scientology.

So for you there is no sitting down and resting on your laurels, no waiving of policy, no promiscuous 2nd dynamic activities, no improper assumption of power, control or influence or assuming that you automatically know best in every situation. It is a crime to invalidate the State of Clear - see to it that you don't do this in your conduct as a Clear, particularly as regards yourself. You still have the rest of your dynamics to go.

You have now become more than ever a part of a team. Obsessive individualism and a failure to organise were responsible for getting into the state we got into.

As soon as you have gone the rest of the way this will become abundantly plain.

I expect and need your help to carry out the broad mission of de-contaminating this area of the universe. If you wish to help, your first duty is to protect the repute of the state of Clear by exemplary conduct. Your second duty is to attain OT as soon as possible. Your third, if you wish to help, is to become part of the endeavour to clean up this sector of the universe and make it safe not only for ourselves but the billions of others who have been harmed.

As a Clear, you are welcomed and honoured. Don't do anything that will wear out your welcome or bring dishonour on yourself or upon other Clears.

Thank you for what you have done so far.

Thank you for what you will do in the future.

I know I can count on you.

LRH:lrh  
Copyright © 1967  
by L. Ron Hubbard  
ALL RIGHTS RESERVED

L. Ron Hubbard  
Founder

ADVANCED COURSES  
GENERAL ISSUE

To: All Clearing  
and O.T. Course  
students

I M P O R T A N T

19 September 1967

FLOATING NEEDLES

Students are reminded that they must always note on there worksheet F/N and T.A. position when a floating needle occurs. This is an essential part of your admin. and it must be done.

TONY DUNLEAVY  
A/Chief Supervisor of Advanced Courses

ADVANCED COURSES  
GENERAL ISSUE

To: O.T. COURSE STUDENTS  
Section I and II

16 October 1967

FLOATING NEEDLES

No great significance should be placed on floating needled on the O.T. Course. Advanced Courses General Issue of 19 September 1967 reminds you to note down when a floating (free) needle occurs, and you should do this. It is a part of standard admin at all levels.

This does not, however, alter any tech of the O.T. Course.

JANET GUILFORD  
T/Chief Supervisor of Advanced Courses

Operating The Van  
Section One

A stylized, handwritten signature in black ink, appearing to read "L. L. L." or similar, with a long horizontal stroke extending to the right.

# OT Section One

21 July 68

## Instructions

This section is done outside in the Open Air. It is done off a meter. But TA should be taken before and after doing the section. If the TA has gone high, a step has been (a) not flattened. or (b) overrun. Find out on a meter which it is. Handle it

It is not the intention of this section to exteriorise anyone but if it happens don't worry about it or fool around with the fact

An auditors report is due for each session which can be one or more of these drills.

Pg 3 Instructions OT:Z 21/7/68

A great many phenomena (strange things) can happen while doing these drills if they are done honestly.

Don't do a session on these drills if you have an ARC bc, a w/h, a PTF, are PFS or are ill. Instead, go to review first. Do these (and any others) OT section sessions with rudiments in.

If one of these drills turns on a somatic, the drill should turn it off if continued.

GOOD LUCK

OT: I 21 July 68  
(Cancels Earlier OT I Materials  
which were a Cleaning Course  
Report)

1. Walk around and count bodies until you have a cognition. Make a report saying how many you counted + your cognition.
2. Note several large and several small female bodies until you have a cognition. Note it down.
3. Note several large and several small male bodies until you have a cognition. Note it down.
4. Find a tight packed crowd of people, write it as a crowd, then as individuals until you have a cognition. Note it down. Do step over until you do.

R2 OY1 21/7/68

5. Seat yourself unobtrusively where you can observe a number of people. Spot things and people you are not. Do to cognition. Note it.
6. Seat yourself unobtrusively where you can observe a number of people. Spot things and people you can have. Do to Cognition. Note it.
7. Note some physical thing about yourself you don't like. Observing people, in them note that body part. Do to some change. Note it down.
8. Observing people, spot things that are not wrong with them. Do to Cognition. Note it.

Pg 3. OT 1 2/7/68

9. Walk around and note someone walking toward you, then someone walking away, then someone walking toward you, etc. Do to Cognition. Note it down.
10. Walk around and note how people stick to the ground and their sense of weight. Do to Cognition. Note it down.
11. Spot importances in people while looking at them. Do to Cognition. Note it down.
12. Look into space and find places where there are no persons. Do to Cognition. Note it down.
13. Walk around and note where there are people. Do to Cognition. Note it down

End of OT I





**NEW**

**OT 1**



## NEW OT 1 INSTRUCTIONS

0. Make a list of terminals who have had ARC Breaks, PTPs or have committed overts against you to Fly Ruds on them .

1. Assess the first terminal and if reading on ARCX then fly Rud to F/N.

eg: Mother

“Does ( Mother ) have an ARC Break with me?”

If reading, then ARCU, CDEINR E/S to F/N, VGIs and no more reads.

2. Assess SAME terminal for PTP and if reading fly Rud to F/N.

eg: Mother

“Does ( Mother ) have a Present Time Problem with me?”

If reading, then Itsa E/S Itsa to F/N VGIs and no more reads.

3. Assess SAME terminal for W/Hs and if reading fly Rud to F/N.

eg: Mother

“Does ( Mother ) have a Withhold from me?”

If reading, then get What, When, All, Who to F/N, VGIs and no more reads.

Then take the NEXT terminal from your list and do 1 to 4 on IT.

Do this action until you have a big win, persistent F/N and cognition on doing the action.

Good Luck!

